On the days before the course starts, each school or faculty organizes Welcome Sessions for each group of students admitted to a course or degree at that school. These activities are organized and carried out on the initiative of the management of the schools and aim to facilitate the rapid integration of new students in the university environment of the UdL.

At these sessions the students are informed of the general organization of the university and the school or faculty where they will study, and learn about other services that they will use during their degree, such as the University Information and Support Service (SIAU), the Virtual Campus and the Library. The academic functioning of the degree they have chosen is explained to them and they are offered the opportunity to start meeting their fellow students.